

How often do I need to see the doctor?

babies	under 2 years	well baby exam and immunizations	at 1, 2, 4, 6, 9, 12, 15 and 18 months of age
children	2–6	well child exam	every year
children	7–18	well child exam	every 2 years
females	9–26	HPV vaccine	every 5 years
everyone	11–18	meningitis vaccine	once
everyone	over 11	tetanus-diphtheria booster	every 10 years
females	over 21	pap smear, pelvic exam	every 1–3 years
adults	over 20	blood pressure screening	every 2 years
adults	over 20	cholesterol evaluation	every 5 years
males	over 50	prostate cancer screening	every year
adults	over 50	colon cancer screening	every 10 years
females	over 60	osteoporosis screening	periodic
females	over 40	mammogram, breast exam	every year
adults	over 60	shingles vaccine	once
adults	over 65	pneumovax vaccine	every 7 years
adults	all ages	diabetes screening (if overweight or family history)	every 2–3 years



WE DELIVER.